

# **Physical Education Studies**

## **Course of Study**

### **Resource List**

Prepared for the Curriculum Council  
by  
CURRICULUM MATERIALS INFORMATION SERVICES  
2006



This project was made possible by funding from the  
Public Education Endowment Trust



# PHYSICAL EDUCATION STUDIES COURSE OF STUDY

## RESOURCES

This list of resources was prepared by officers from the Curriculum Standards Directorate (Curriculum Materials Information Services) in the Department of Education and Training. The list is presented in two parts:

**Part One:** Books, Journals, Articles

**Part Two:** Websites and Electronic Documents

Further details of each item can be found online on the CMIS Resource Bank, which is an online database. Links to this have been made from a Physical Education Studies Course of Study webpage at:

[www.eddept.wa.edu.au/cmis/eval/curriculum/courses/physedstudies/](http://www.eddept.wa.edu.au/cmis/eval/curriculum/courses/physedstudies/)

In this database all of the Physical Education Studies resources have also been linked to specific content or outcomes and can be accessed under these headings. The webpage also contains a list of Suppliers, Key Documents and Key Websites for quick access.

### PART ONE

#### BOOKS, JOURNALS, ARTICLES

***A-level physical education : the reflective performer*** / David Kirk ... [and others].  
Champaign, Ill. : Human Kinetics, 2002.  
0-7360-3392-0

**Adair, Daryl**  
***Sport in Australian history*** / Daryl Adair and Wray Vamplew.  
Melbourne : Oxford University Press, 1997.  
0-19-553590-1

**Anderson, Bob**  
***Stretching*** / by Bob Anderson ; illustrated by Jean Anderson.  
Bolinas, Calif. : Shelter Publications, 2000.  
0-936070-22-6

***Applied sport psychology : personal growth to peak performance*** / Jean M. Williams, editor.  
Boston, Mass. : McGraw Hill, 2006.  
0-07-284383-7

**Bailey, Richard**  
***Teaching physical education : a handbook for primary & secondary school teachers*** / Richard Bailey.  
Abingdon : Routledge, 2005.  
0-7494-3446-5

**Batman, Paul**  
***Exercise analysis made simple : a step by step approach*** / Paul Batman, Michelle Van Capelle.  
Church Point, NSW : FIT4U Publications, 1994.  
0-646-08221-3

## PHYSICAL EDUCATION STUDIES COURSE OF STUDY

### RESOURCES

***The exercise guide to resistance training*** / Paul Batman, Michelle Van Capelle.  
Church Point, NSW : FIT4U Publications, 1995.  
0-646-25090-6

***Better coaching : advanced coach's manual*** / Frank S. Pyke, editor.  
Champaign, Ill. : Human Kinetics, 2001.  
0-7360-4113-3

***The biophysical foundations of human movement*** / Bruce Abernethy ... [and others].  
South Yarra, Vic. : Palgrave Macmillan, 2005 [i.e. 2004]  
0-7329-9758-5

**Brukner, Peter**

***The encyclopedia of exercise, sport and health*** / Peter Brukner, Karim Khan and John Kron.  
Crows Nest, NSW : Allen&Unwin, 2004.  
1-7411-4058-7

**Carr, Gerry**

***Sport mechanics for coaches*** / Gerry Carr.  
Champaign, Ill. : Human Kinetics, 2004.  
0-7360-3972-4

**Carron, Albert V.**

***Group dynamics in sport*** / Albert V. Carron, Heather A. Hausenblas, Mark A. Eys.  
Morgantown, W. Va. : Fitness Information Technology, 2005.  
1-88569-363-X

**Coakley, Jay J.**

***Sport in society : issues & controversies*** / Jay J. Coakley.  
Boston : McGraw-Hill Higher Education, 2003.  
0-07-123234-6

***Concepts of fitness and wellness : a comprehensive lifestyle approach*** / Charles B. Corbin ... [and others].  
Boston, Mass : McGraw-Hill, 2006.  
0-07-313878-9

**Cooperrider, David L.**

***Appreciative inquiry : a positive revolution in change*** / David L. Cooperrider & Diana Whitney.  
San Francisco, Calif. : Berrett-Koehler, 2005.  
1-576-75356-5

**Cox, Richard H.**

***Sport psychology : concepts and applications*** / Richard H. Cox.  
Boston : McGraw-Hill, 2002.  
0-07-232914-9

## PHYSICAL EDUCATION STUDIES COURSE OF STUDY

### RESOURCES

#### **Cox, Stuart**

***PDHPE zone stage 5. Movement skill and performance*** / [Stuart Cox, Wayne Sutton].

Port Melbourne : Harcourt Education, 2004.

1-7408-1180-1

#### **Donovan, Grant**

***Exercise danger : 30 exercises to avoid plus 100 safer and more effective alternatives*** / Grant Donovan, Jane McNamara, Peter Gianoli.

Floreat Park, WA : Wellness Australia, 1989.

1-87513-903-6

#### **Grant, Anthony**

***Coach yourself : make real changes in your life*** / Anthony Grant & Jane Greene.

Harlow : Pearson Education, 2004.

1-8430-4029-8

***Directory of psychological tests in the sport and exercise sciences*** / Andrew C. Ostrow, editor.

Morgantown, W. Va. : Fitness Information Technology, 2002.

1-88569-340-0

#### **Gaujers, Regina**

***Physical education studies. Book 1*** / Regina Gaujers, Jennifer Browne.

Cottesloe, WA : B & G Resource Enterprises, 2002.

1-87681-629-5

***Physical education studies. Book 2*** / Regina Gaujers, Jennifer Browne.

Cottesloe, WA : B & G Resource Enterprises, 2002.

1-87681-635-X

#### **Getchell, Bud**

***Physical fitness : a way of life*** / Bud Getchell, Alan E. Mikesky, Kay N. Mikesky.

Boston : Benjamin Cummings, 1998.

0-205-19874-0

#### **Greene, Jane**

***Solution-focused coaching : managing people in a complex world*** / Jane Greene and Anthony M. Grant.

Harlow : Pearson Education, 2003.

1-8430-4028-X

#### **Hamill, Joseph**

***Biomechanical basis of human movement*** / Joseph Hamill, Kathleen M. Knutzen.

Baltimore, Md. : Lippincott Williams & Wilkins, 2003.

0-7817-3405-3

#### **Hammond, Sue Annis**

***The thin book of appreciative inquiry*** / by Sue Annis Hammond.

Plano, Tex. : Thin Book, 1998.

0-9665373-1-9

## PHYSICAL EDUCATION STUDIES COURSE OF STUDY

### RESOURCES

#### **Kiss, Michael**

***Senior physical education : an integrated approach : instructor guide*** / Michael Kiss, Ross Stewart.  
Champaign, Ill. : Human Kinetics, 2004.  
0-7360-5298-4

#### **Knudson, Duane**

***Fundamentals of biomechanics*** / Duane Knudson.  
New York : Kluwer Academic/Plenum, 2003.  
0-306-47474-3

***Qualitative analysis of human movement*** / Duane V. Knudson, Craig S. Morrison.  
Champaign, Ill. : Human Kinetics, 2002.  
0-7360-3462-5

#### **Laker, Anthony**

***Developing personal, social, and moral education through physical education : a practical guide for teachers*** / Anthony Laker.  
London : Routledge, 2001.  
0-7507-0929-4

#### **Lees, Robert**

***Personal development, health and physical education. HSC core 2 : factors affecting performance*** / Robert Lees, Adrienne Lees.  
Sydney : McGraw-Hill, 2002.  
0-07-471083-4

***Personal development, health and physical education. Preliminary core 3 : the body in motion*** / Robert Lees, Adrienne Lees.  
North Ryde, NSW : McGraw-Hill Australia, 2003.  
0-07-471298-5

#### **Lines, Andrew**

***Sport covered : all you need to know to teach more than 20 sports*** / Andrew Lines.  
Sydney : McGraw-Hill, 2004.  
0-07-471327-2

***Live it up. 1 : VCE physical education units 1 & 2*** / David Smyth, coordinating author ... [and others] ; contributing authors, Ross Pritchard, Rick Gervasoni.  
Milton, Qld. : John Wiley & Sons Australia, 2006.  
0-7314-0222-7

***Live it up. 2 : VCE physical education units 3 & 4*** / David Smyth, coordinating author ... [and others].  
Milton, Qld. : John Wiley & Sons Australia, 2006.  
0-7314-0247-2

#### **Macfadyen, Tony**

***Teaching physical education 11-18 : perspectives and challenges*** / Tony Macfadyen and Richard Bailey.  
London : Continuum, 2002.  
0-8264-5270-1

## PHYSICAL EDUCATION STUDIES COURSE OF STUDY

### RESOURCES

**Martens, Rainer**

***Successful coaching*** / Rainer Martens.  
Champaign, Ill. : Human Kinetics, 2004.  
0-7360-4012-9

**Maughan, Ron**

***The biochemical basis of sports performance*** / Ron Maughan, Michael Gleeson.  
Oxford : Oxford University Press, 2004.  
0-19-926924-6

**McGinnis, Peter M.**

***Biomechanics and sport exercise*** / Peter M. McGinnis.  
Champaign, Ill. : Human Kinetics, 2005.  
0-7360-5101-5

**McKeen, Kim**

***PDHPE zone stage 5. Lifelong physical activity*** / [Kim McKeen].  
Port Melbourne : Harcourt Education, 2004.  
1-7408-1182-8

**Mitchell, Stephen A.**

***Teaching sport concepts and skills : a tactical games approach*** / Stephen A. Mitchell, Judith L. Oslin, Linda L. Griffin.  
Champaign, Ill. : Human Kinetics, 2006.  
0-7360-5453-7

***Nelson physical education : VCE units 1 & 2*** / Katherine Littlewood ... [and others].  
South Melbourne : Thomson Nelson, 2006 [i.e. 2005]  
0-17-012280-8

***Nelson physical education : VCE units 3 & 4*** / Robert Malpeli ... [and others].  
South Melbourne : Thomson Nelson, 2006 [i.e. 2005]  
0-17-012281-6

***Outdoor leadership : theory and practice*** / Bruce Martin ... [and others].  
Champaign, Ill. : Human Kinetics, 2006.  
0-7360-5731-5

**Paatsch, Tony**

***Physical education. Units 3 and 4*** [kit] / Tony Paatsch.  
[Milton, Qld.] : Jacaranda, 2002.  
0-7016-3640-8

**Parker, Robbie**

***Healthmoves. 1 : personal development, health and physical education. Preliminary course*** / Robbie Parker, John Patterson, Doug Hearne ; with Tonia Gray ... [and others].  
Port Melbourne : Heinemann, 2000.  
0-86462-442-5

***Physical education and the study of sport*** / Bob Davis ... [and others].  
Edinburgh : Elsevier Mosby, 2005.  
0-7234-3375-5

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### RESOURCES

**Priest, Simon**

***Effective leadership in adventure programming*** / Simon Priest, Michael A. Glass.  
Champaign, Ill. : Human Kinetics, 2005.  
0-7360-5250-X

**Rushall, Brent S.**

***Training for sports and fitness*** / Brent S. Rushall and Frank S. Pyke.  
South Melbourne : Macmillan, 1990.  
0-7329-0190-1

**Ruskin, Ron**

***Outcomes. 1 : personal development, health & physical education, preliminary course*** / Ron Ruskin, Lyndall Fitzgibbon ; contributing authors Kim Proctor, Kathy Steward.  
Milton, Qld. : Wiley, 2000.  
0-7016-3373-5

***Outcomes. 2 : personal development, health & physical education HSC course***  
/ Ron Ruskin, Kim Proctor, David Neeves ; contributing author, Lyndall Fitzgibbon.  
Milton, Qld. : Wiley, 2001.  
0-7016-3374-3

***Personal development, health and physical education*** [activity card] / Ron Ruskin.  
[Milton, Qld.] : Jacaranda, 2002.  
0-7016-3684-X

**Schmidt, Richard A.**

***Motor learning and performance*** / Richard A. Schmidt, Craig A. Wrisberg.  
Champaign, Ill. : Human Kinetics, 2004.  
0-7360-4566-X

***Science and medicine in sport*** / editor-in-chief John Bloomfield ; editor[s] Peter A. Fricker, Kenneth D. Fitch.  
Carlton, Vic. : Blackwell Science, 1995.  
0-86793-321-6

***Senior physical education : an integrated approach*** / David Kirk ...[and others].  
Champaign, Ill. : Human Kinetics, 2003.  
0-7360-5208-9

**Sharkey, Brian J.**

***Sport physiology for coaches*** / Brian J. Sharkey, Steven E. Gaskill.  
Champaign, Ill. : Human Kinetics, 2006.  
0-7360-5172-4

**Siedentop, Daryl**

***Complete guide to sport education*** / Daryl Siedentop, Peter A. Hastie, Hans van der Mars.  
Champaign, Ill. : Human Kinetics, 2004.  
0-7360-4380-2

## PHYSICAL EDUCATION STUDIES COURSE OF STUDY

### RESOURCES

***The sociocultural foundations of human movement*** / David Kirk ... [and others].  
South Melbourne : Macmillan Education Australia, 1996.  
0-7329-3551-2

***Sport and PE*** / Kevin Wesson ... [and others].  
London : Hodder Education, 2005.  
0-340-81701-1

***Sport education : quality PE through positive sport experiences*** / Daryl Siedentop, editor.  
Champaign, Ill. : Human Kinetics, 1994.  
0-87322-435-3

***Sport psychology : theory, applications and issues*** / edited by Tony Morris & Jeff Summers.  
Milton, Qld. : Wiley, 2004.  
0-470-80008-9

***Teaching games for understanding : theory, research and practice*** / Linda L. Griffin, Joy I. Butler.  
Champaign, Ill. : Human Kinetics, 2005.  
0-7360-4594-5

#### **Walmsley, Alan**

***The think fit toolkit. Book A : a fitness module for physical education students***  
/ written by Alan Walmsley.  
Christchurch : User Friendly Resources, 2003.  
1-86968-045-6

***The think fit toolkit. Book B : a fitness module for physical education students***  
/ written by Alan Walmsley.  
Christchurch : User Friendly Resources, 2003.  
1-86968-046-4

#### **Webster, Don**

***Physical education*** / Don Webster.  
London : Letts, 2005.  
1-8431-5513-3

#### **Weinberg, Robert S.**

***Foundations of sport and exercise psychology*** / Robert S. Weinberg, Daniel Gould.  
Champaign, Ill. : Human Kinetics, 2003.  
0-7360-6244-0

### Journals

#### ***ACHPER healthy lifestyles journal***

Hindmarsh, S. Aust. : Australian Council for Health, Physical Education and Recreation, 1997- .

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***The British journal of teaching physical education : the official journal of the Physical Education Association of the United Kingdom***

London : Physical Education Association of the United Kingdom, 1999-

***Discourse : studies in the cultural politics of education***

[London] : Carfax, 1980-

***European physical education review***

Nafferton : Studies in Education, 1995-

***Journal of sport & exercise psychology***

Champaign, Ill. : Human Kinetics, 1988-

***Journal of sports sciences***

London : Routledge, 1983-

***Journal of teaching in physical education***

Champaign, Ill. : Human Kinetics, 1981- .

***Research quarterly for exercise and sport***

[Washington, D.C.] : American Alliance for Health, Physical Education, Recreation and Dance, 1980-

***Sport, education and society***

Abingdon : Carfax, 1996-

### Articles

***The economic impact on families of children's participation in junior sport***  
from: ***Australian journal of science & medicine in sport***

Pennant Hills, NSW : ACHPER, 1996.